



BEREAVEMENT WALKING PROGRAM

For those who have suffered the loss of a loved one.

Gather with others who are experiencing grief to walk, talk,
and offer support while receiving fresh air & exercise.

Facilitated by trained hospice volunteers.



8-week sessions are held in the spring, fall, & winter on
Wednesday or Saturday mornings.

The group meets at the Planetarium/Museum of Vancouver
1100 Chestnut St (in front of the crab sculpture)

No charge to participate: *Registration is required*

For info or to register, please contact:

Wednesday group: Sue Wong at 604-731-7805

Saturday group: Patricia Ryan at 604-263-1325

****Please call either number if unsure of which day you're interested in.***