

ARE-YOU-  
PREPARED?



# Happy Father's Day

to the wonderful father who has  
“almost everything”. Thank you for  
always keeping us safe!



## ARE-YOU-PREPARED?

FATHER'S DAY IS JUNE 18<sup>TH</sup>

An Emergency Preparedness Kit is the **perfect gift** for the **dad/husband/man** in your life that has “almost everything”!

Each kit now comes with a copy of Jackie Kloosterboer's book *My Earthquake Preparedness Guide*, a \$15 value

Everyone should have personal disaster supplies kits. Keep them where you spend most of your time, so they can be reached even if your building is badly damaged. The kits will be useful for many emergencies, and especially if you need to evacuate out of a hazard zone.

Keep one kit in your **home**, another in your **car**, and a third kit at **work**. Backpacks or other small bags are best for your disaster supplies kits so you can take them with you if you evacuate. For **less than 6¢ per day**, you can feel confident that you and your family will be prepared for any emergency.

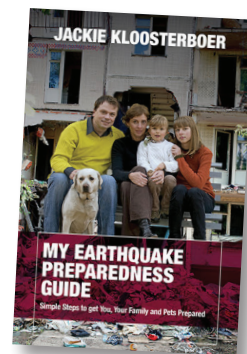
**Our 4 person 72 hr Survival Kit includes:**

- |                             |                                    |                 |
|-----------------------------|------------------------------------|-----------------|
| 48 125ml Water Packets      | 4 3600 Calorie Food Blocks         | 4 Light Sticks  |
| 4 Garbage Bags              | 4 Mylar Blankets                   | 4 Toilet Tissue |
| 1 Assorted First Aid        | 1 Water Repellent Bag (cooler bag) | 1 Whistle       |
| 1 Box of Waterproof Matches |                                    |                 |

**1 Person, 2 Person, 5 Person, Vehicle and Pet Kits are also available.**

With every kit purchased, **\$25** will go to a fundraiser of your choice!

Visit [are-you-prepared.ca](http://are-you-prepared.ca), email [pam@are-you-prepared.ca](mailto:pam@are-you-prepared.ca) or call **604 763 6777** to order your Survival Kits today!



*All kits have a 5 year shelf life from date of manufacture. Kits will be delivered within the Vancouver area for free within 3 weeks of receiving order.*

# ARE-YOU-PREPARED?

## 1 PERSON 72 HR SURVIVAL KIT \$110

- 12 125ml Water Packets (5yr shelf life\*)
- 1 3600 Calorie Food Block (5yr shelf life\*)
- 1 Light Stick
- 1 Garbage Bag
- 1 Mylar Blanket
- 1 Toilet Tissue
- 1 Assorted First Aid
- 1 Water Repellent Bag (cooler bag)
- 1 Poncho

## 2 PERSON 72 HR SURVIVAL KIT \$130

- 24 125ml Water Packets (5yr shelf life\*)
- 2 3600 Calorie Food Blocks (5yr shelf life\*)
- 2 Light Sticks
- 2 Garbage Bags
- 2 Mylar Blankets
- 2 Toilet Tissue
- 1 Assorted First Aid
- 1 Water Repellent Bag (cooler bag)
- 1 Box of Waterproof Matches

## 4 PERSON 72 HR SURVIVAL KIT \$170

- 48 125ml Water Packets (5yr shelf life\*)
- 4 3600 Calorie Food Blocks (5yr shelf life\*)
- 4 Light Sticks
- 4 Garbage Bags
- 4 Mylar Blankets
- 4 Toilet Tissue
- 1 Assorted First Aid
- 1 Water Repellent Bag (cooler bag)
- 1 Whistle
- 1 Box of Waterproof Matches

## 5 PERSON 72 HR SURVIVAL KIT \$190

- 60 125ml Water Packets (5yr shelf life\*)
- 5 3600 Calorie Food Blocks (5yr shelf life\*)
- 5 Light Sticks
- 5 Garbage Bags
- 5 Mylar Blankets
- 5 Toilet Tissue
- 1 Assorted First Aid
- 1 Water Repellent Bag (cooler bag)
- 1 Whistle
- 1 Box of Waterproof Matches
- 1 Tube Tent
- 6 Sanitary Napkins

## PERSONAL VEHICLE KIT \$110

- 4 125ml Water Packets
- 1 400 Calorie Food Block
- 1 Garbage Bag
- 1 Flashlight with Batteries
- 1 Small Cooler Bag
- 1 Mylar Blanket
- 1 36 hour Emergency Candle
- 1 Toilet Tissue
- 1 12 hr Light Stick (used instead of flares)
- 1 Pair of Safety Gloves

## 1 PERSON 72 HR VEHICLE KIT \$160

- 12 125ml Water Packets (5yr shelf life\*)
- 1 3600 Calorie Food Block (5yr shelf life\*)
- 2 Red Light Sticks (instead of flares)
- 1 Garbage Bag
- 1 Emergency Grey Blanket
- 1 Toilet Tissue
- 1 Assorted First Aid
- 1 Water Repellent Bag (cooler bag)
- 1 Folding Shovel
- 1 Set of Booster Cables
- 1 Flashlight with Batteries
- 1 36 Hour Candle
- 1 Box of Matches
- 1 Emergency Poncho

## PET SURVIVAL KIT \$130

- 8 125ml Water Packets (drinking or for cleaning wounds)
- 1 Pet Injury Pamphlet
- 12 Q-Tips
- 1 Forceps
- 1 Universal Scissors
- 1 Instant Cold Pack
- 3 Pairs of Gloves
- 1 Triangular Bandage
- 1 Roll of Tape
- 4 Tongue Depressors (for splints)
- 1 Hydrogen Peroxide 250ml
- 1 3" Conform Gauze
- 6 4x4 Sterile Gauze Pads
- 1 Abdominal Pad
- 1 First Aid Cream
- 1 Syringe (to give medicine etc)
- 8 Antiseptic Swabs
- 1 Sodium Chloride (small)
- 1 3" Tensor Dressing
- 1 Grey Blanket
- 1 Whistle (to alert for help)
- 1 Water Repellent Bag

*\*5 year shelf life from date of manufacture.*

*\*\*Free delivery within 20km of the Vancouver (V6L) area. \$15 shipping per kit outside the Vancouver area. Call for shipping discounts when you order 5 or more kits.*

## ORDER FORM

- 1 Person 72 Hr Survival Kit \_\_\_\_\_ @ \$110= \_\_\_\_\_
- 2 Person 72 Hr Survival Kit \_\_\_\_\_ @ \$130= \_\_\_\_\_
- 4 Person 72 Hr Survival Kit \_\_\_\_\_ @ \$170= \_\_\_\_\_
- 5 Person 72 Hr Survival Kit \_\_\_\_\_ @ \$190= \_\_\_\_\_
- Personal Vehicle Kit \_\_\_\_\_ @ \$110= \_\_\_\_\_
- 1 Person 72 Hr Vehicle Kit \_\_\_\_\_ @ \$160= \_\_\_\_\_
- Pet Survival Kit \_\_\_\_\_ @ \$130= \_\_\_\_\_
- \*\*Shipping (see note above) \_\_\_\_\_ @ \$15= \_\_\_\_\_
- Total= \_\_\_\_\_
- Donation Recipient \_\_\_\_\_ X \$25= \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Method of Payment:  Cash  Cheque (payable to Are-You-Prepared)  Paypal

*Price includes PST & GST*

Credit Card # \_\_\_\_\_ Expiry \_\_\_\_\_ CVV \_\_\_\_\_

### Are-You-Prepared?

1658 St. Georges Ave, North Vancouver, BC V7L 3J7 | 604-763-6777 | pam@are-you-prepared.ca | www.are-you-prepared.ca